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# ADVANCED DEPTH

## 5 Transformational Techniques & Skill-Building Intensives

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**Advanced Depth is for practitioners, coaches, teachers, trainers and guides who:**

- ⌘ Desire to learn a set of **powerful, somatic transformation methods that your clients experience as “pure magic”**
  
- ⌘ Want a space that's deep & powerful enough for you to do **your own next level of soul work and Shadow transformation** (bc when you're already evolved, that's hard to find!)
  
- ⌘ Want to **become masterful at working with Fear and Shadow** with numerous tools in your toolbox
  
- ⌘ Are looking to have **more clients that re-sign** with you and **more referrals** that easily come through the door
  
- ⌘ Are ready to level up your programming so that you have **less attrition and more raving students** who receive incredible results
  
- ⌘ Desire potent techniques that allow you to **create breakthroughs in a matter of minutes**

Advanced Depth is for experienced practitioners who are ready to co-create client experiences and breakthroughs that **have clients gushing** about you and your work together.

It is for you if you recognize that working not just on the cognitive level, but working on the **emotional, spirit, and somatic levels** are vital to creating real change with clients.

It is for you if you know that your work is good, but also know that **it's time for your clients to be even more satisfied, even more eager to continue their work with you, and even more excited to tell all their friends.**

It is for you if you are called and willing to dive in the deepest waters, and to **go much further with your own Shadow exploration.**

So that you can have freedom & agency when it comes to your own blocks. (Imagine what life and business would be like if you had the power to tame the fiercest fears).

And so that you can **create life changing breakthroughs** around your clients most embedded resistances, complexes, narratives and self-sabotage.

Advanced Depth is designed to be a very intensive experience, and in it:

**The veils will be lifted on the most Advanced Transformational work we can do with our clients.**

Over our 5 retreats, You will master potent techniques that will have clients feeling you are magical and so well worth the money they are investing. You will gain **skills that will give you the confidence to go to the places in your work and business that you've been holding back on.**

As you learn these techniques which can be applied to 1:1 or group work, you will also be **fully immersed in your very deep soul work.**

A lot will be required of you by way of stretching yourself into your next level of evolution...and the end result is **an unlocking of the parts of yourself that you've been hiding away, but that are vitally needed to get you to where you want to go next.**

## **The Advanced Depths journey 5 Intensive Retreats over 12 months (4 Virtual/1 In Person):**

### **The Advanced Befriend Your Fear Technique** (Virtual Intensive, July 29-30)

We go deep into the incredibly potent Befriend Your Fear Technique so that you can successfully guide your clients through their most obstinate fears..and into more confidence and motivation. Over this retreat, we will cover the subtle-yet-important details and maneuvers to make this spirit and body-based technique as powerful and effective as possible. You will learn about the human fight, flight, freeze, fawn response and how using somatic visualization can support your client not just with their immediate fears and blocks, but in life-long well-being.

### **The Power of Dreamwork and Archetypal Symbols** (Virtual Intensive, October 21-22, 2021)

Get ready for a mystical, soul-opening, deeply transformative retreat! In this intensive, we will do a deep dive into how to support yourself and your clients towards doing the *real* soul work and transcendent self-knowledge. You will learn how to help clients make life-changing meaning and motivation out of their dreams and out of the Symbols that show up in their lives. You will also learn a series of depth-oriented techniques to use with Tarot and Archetypes that is a game changer for self-connection, self-knowledge and decision making. Many powerful skills and insights that you will use for the rest of your life and integrate into your 1:1 and group work.

### **The Choose Your Own Shadow Journey Transformation Technique** (Virtual Intensive, January 20-21, 2022)

The *Choose Your Own Shadow Journey Transformation* is one of the most powerful tools I have in my toolbox, and one that clients beg me to train them in! When you have this skill under your belt, you are able to lead clients to earth-shattering breakthroughs and activate new neural pathways that guide them to desired habits, practices, actions, and feelings. This technique alone is one that has clients telling me our work together is the best money they ever spent. keep

## **The Shadow & Archetype Intensive** *(In-person if possible!, May 18-20, 2022)*

This retreat is epic, and meant to be taken more than once – the work deepens, integrates and accelerates each time. You will do some of the most powerful & courageous personal work that can be done as you come face to face with the most rejected and sabotaging parts of yourself. You will also learn how to guide your own clients and groups through this work, and to do it with integrity – a skill that puts you in the top 1% of transformational practitioners.

## **Wise Warrior Technique** (Virtual Intensive, July 1, 2022)

The Archetype of the Wise Warrior is medicine for those who get stuck because they aren't setting boundaries & because they don't have the courage to speak up and speak out – in their lives, in their businesses, in their messaging, in their marketing...and with their own habits. In this powerful intensive, we will unlock the healing powers of the Wise Warrior for yourself, and for your clients. In doing so, you activate the power of your VOICE or your YES and of your NO.

## **BONUSES**

- ⌘ Complimentary **Live Access & Recordings to any shorter (afternoon, day-long, or month-long) training programs I offer** *(some examples: Reclaiming Eve, Sacred Rhythms, Navigating The Devil Archetype for Freedom from Bondage, Wicked Stepmothers & Lowly Handmaids: Transmuting Jealousy into Empowerment)*
- ⌘ Complimentary **Live Access to the 3-day virtual Art of Client Transformation**
- ⌘ Complimentary **Live Access to the 4-week Sacred Power Program** in May
- ⌘ Opportunity to **book private sessions or VIP days with me or team coaches** at a discounted rate

## **INVESTMENT**

### **PAY IN FULL**

1 Payment of \$6,000 »

### **PAYMENT PLAN**

Deposit + 12 Payments of \$495 »